Our Coaching is EPIC

An Up2Us Sports Program to use Coaching and National Service as pathways to meaningful careers.



Mission

Engage, train, and support youth sports coaches to transform youth, programs, and communities.

Track Record

- Founded in 2010
- Only national service (Americorps) program focused on coaching
- Placed nearly 4,000 coaches in 22 U.S.
 Cities
- Engaged 619,649 youth in sports programs
- Recipient of 11 Federal and State grants for promoting health and wellness among atrisk youth



Our Reach Across The Country



What Our Coaches Are Saying....



"Coaching made me realize that I have valuable skills I can use to build a career."

"What next after AmeriCorps? I'm ready!"



"I want to take what I learned from Up2Us Sports and find a job... build my future."



"Being an Up2Us Coach teaches you to value teamwork, leadership, and commitment. Now, I look at corporate America and say, I can do that!"

Introducing Our Career Readiness Program: "Experience EPIC"



Experience national service



Prepare & invest in your future



Explore career pathways



Connect to employers

Experience

National Service as an Up2Us Coach

Identify, train, and place young adults to support communitybased youth sports organizations across the U.S.

- Up2Us Sport Coaches are ages 18-24; 90% are BIPOC; and 74% are from underserved communities.
- Serving as an Up2Us Sport Coach for 1-2 years is their first professional experience.
- Coaches develop "soft skills" including leadership, teamwork, SEL, DEI, etc.
- Coaches distinguish themselves for their commitment to national service.

Explore

Different careers through active, self-driven activities that include professional goal setting and/or post-secondary education.

- <u>Career Planning & Self Development:</u> Personalized career goal setting and individual plans to leverage the various services offered by Up2Us Sports.
- <u>Career Communities:</u> Curated content and connections related to career goals, interests, or aspirations.
- <u>College Campus Tours</u>: Opportunities to explore four year and community colleges in fields of interest.

Prepare & Invest

In foundational skill development to effectively transition into the workforce and/or college.

- <u>Essential Skill Development:</u> Communication, Collaboration, Creativity, Critical Thinking, Time management, Leadership.
- <u>Mindset & Leadership Development:</u> Growth Mindset, Self-Management, Problem Solving, Decision-making.
- <u>Transitional Knowledge</u>: Personal Financial Literacy, Resume Writing, Interviewing, Building a network, College Access & Admissions.
- <u>Investment of Eli Segal Education Award</u>: Counseling on how to maximize scholarships offered by federal government for national service members.

Connect

To a network of professionals who need your skills, motivation and drive in their workforce.

- <u>Career Mentoring:</u> 1-1 or group mentoring.
- <u>Job Shadowing:</u> Brief worksite visits to spend time with individual employees.
- <u>Internship Research:</u> Establish network to gain experiential learning opportunities.
- <u>Corporate Residency:</u> Extended worksite visits to learn about various occupations across a company coupled with mentoring and/or skill development opportunities.

Become an Up2Us Sports Career Champion

- Assist with career exploration activities.
- Host a career readiness training or corporate residency.
- Record a skills-building workshop for our selfpaced learning library.
- Support career portfolio development by providing cover letter/resume feedback and engaging in mock interviewing.
- Provide Jobs and/or Internships.
- Become a professional mentor or link us to your company's existing mentoring program.



TOGETHER WE CAN ACCOMPLISH MORE

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To learn more contact: Luella Provenza, Chief Strategy Officer Iprovenza@up2ussports.org